

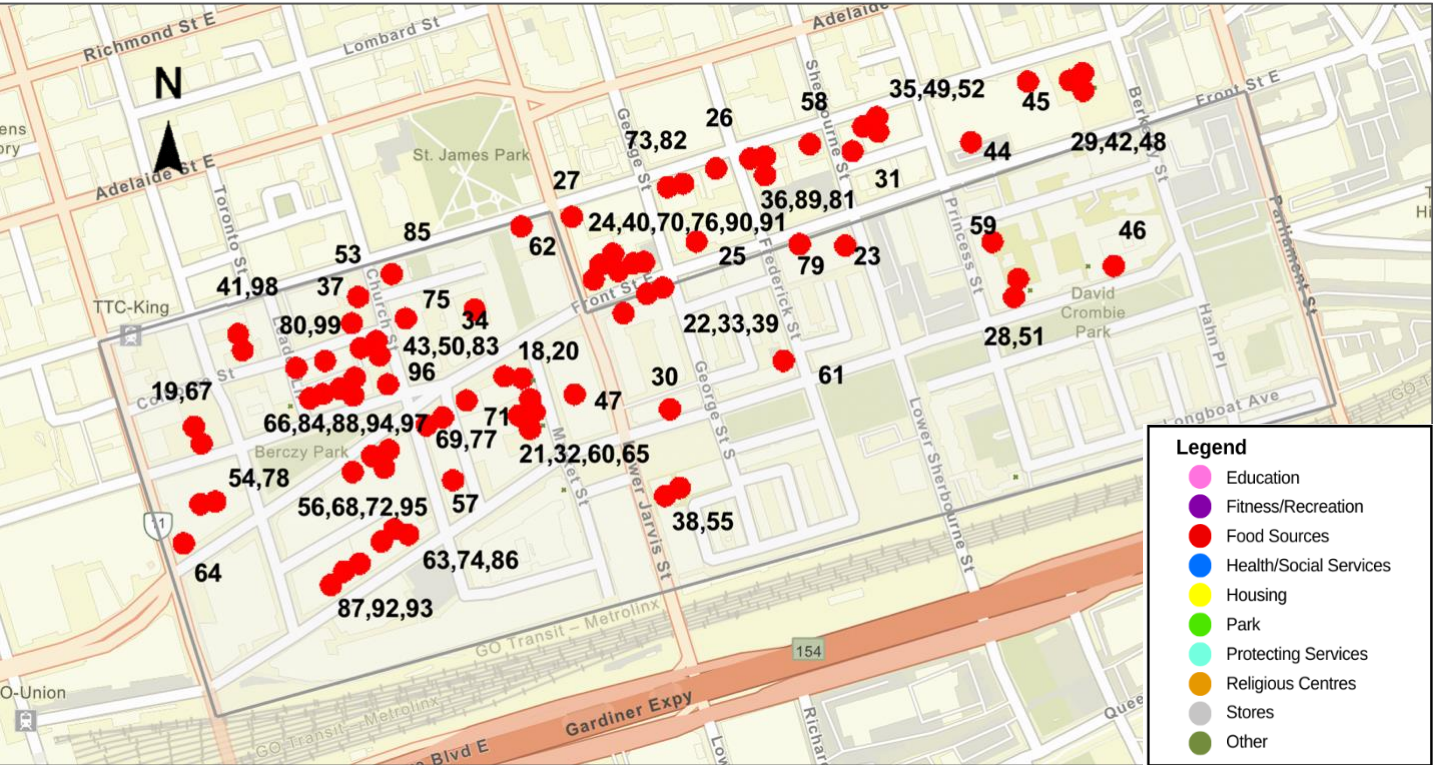
The following provides an overview of neighbourhood assets and potential barriers/gaps for older adults. The features were identified through a structured assessment in May 2023. As such, this summary should be viewed as an overview of key features observed rather than an exhaustive list.

The majority of housing north of The Esplanade was comprised of newer condominium developments, whereas, south of The Esplanade is primarily co-operative housing buildings. The neighbourhood had several narrow parkettes that consisted of green space where individuals or families were walking. Regarding fitness activities, there were a small number of designated outdoor areas for sports, such as a basketball court and baseball field. Further, there were several private fitness facilities within the area. The neighbourhood had several main roads that were very busy with street traffic, bicycles, and people walking along the narrow sidewalks. There were also some designated bike lanes along some roads. Although walking and biking appeared to be the main modes of transportation for residents, bus routes were operating along some of the main roads and a streetcar line operating along King Street.

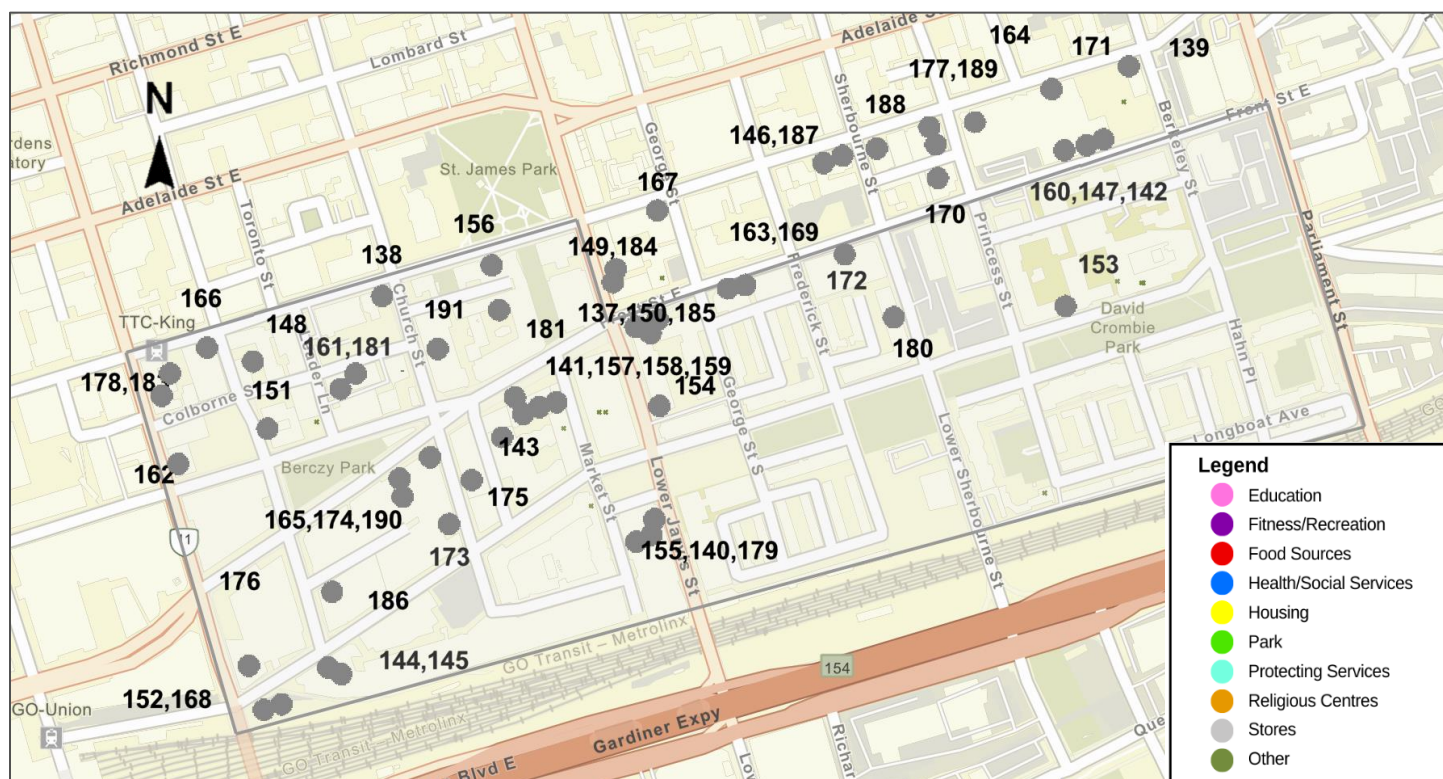
St. Lawrence appeared to be a vibrant neighbourhood with many accessible retail shops, restaurants, liquor and cannabis stores, entertainment venues, and tourist areas, such as the St. Lawrence Market. With many historical buildings and plaques throughout the area, there was also a sense of community pride regarding the neighborhood's history and character. The people walking in the neighbourhood were also observed to be ethnically diverse, with variable levels of mobility. Several people were also noted to have physical disabilities and used mobility aids. Regarding necessities, there were many grocery stores, pharmacies, and convenient stores. The largest grocery stores, No Frills and Metro, were at the East and West points of the St. Lawrence neighborhood. As the neighbourhood is a large area, this could pose an accessibility issue for some people. However, St. Lawrence Market is located at the heart of St. Lawrence which offers vendors that sell grocery items, including fresh produce and meat.

There appeared to be a socio-economic divide within the neighbourhood. Specifically, along Front Street and King Street, it was observed that the majority of the retail shops, restaurants, and cafes were newly developed and catered affluent individuals or groups. The buildings and shops south of The Esplanade were older, in comparison, and appeared to serve those of lower socio-economic status.

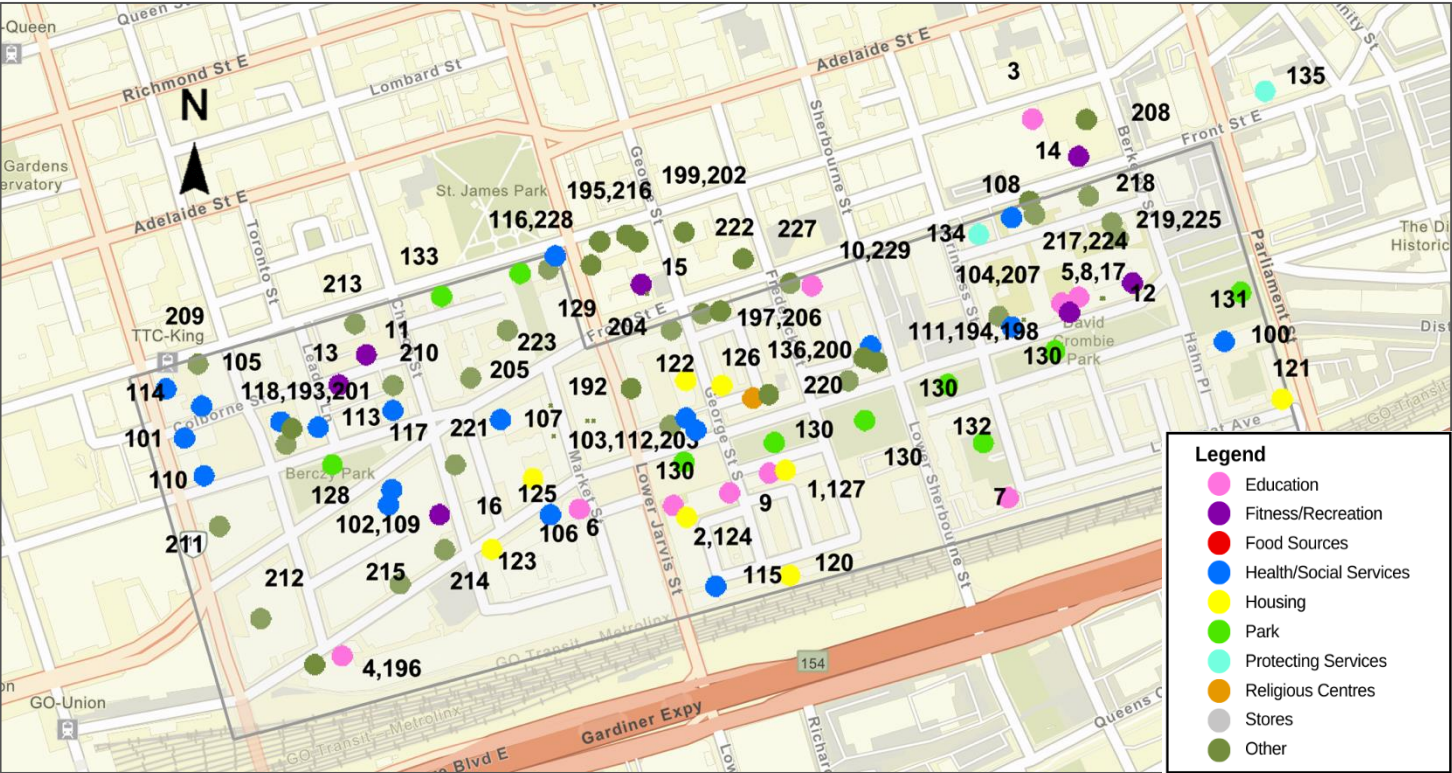
Map 1. Food sources identified in St. Lawrence



Map 2. Retail stores identified in St. Lawrence



Map 3. Services identified in St. Lawrence



Index of all services in St. Lawrence

Legend Number	Description		
Education			
1	Aneesa Daycare	40	Popeyes Louisiana Kitchen
2	Downtown Alternative School	41	Presse Café
3	George Brown College - St. James Campus	42	Pumpnickel's
4	Kaplan International Languages	43	RC Coffee Robo Cafe
5	Market Lane Jr and Senior Public School	44	Rocco's NOFRILLS Toronto*
6,7,8	St. Lawrence Co-Operative Day Care Inc.	45	Rooster Coffee House
9	St. Michael Catholic School	46	St. Lawrence Cafe
10	Toronto Public Library	47	St. Lawrence Market*
Fitness/Recreation		48	Starbucks
11	Altitude Athletic Training	49,50,51	Subway
12	Balanced Body Active Health Centre	52	Tacorrito
13	BeHot Yoga Toronto	53	Third Wave Coffee Inc.
14	Body + Soul Fitness	54,55,56	Tim Hortons
15	F45 Training		
16	MedX Precision Fitness		*Grocery and/or whole food stores
17	St. Lawrence Community Recreation Centre		
Food Sources		Restaurants	
18	A&W Canada	57	Amano Trattoria
19	Aroma Espresso Bar	58	ARDO Restaurant
20	Au Pain Doré	59	Aromatic Biryani
21	Balzac's Market Street	60	Bar St. Lo
22	Big Pita	61	Bellissimo Pizzeria & Ristorante
23	Bolets Burrito	62	Biagio Ristorante
24	Booster Juice	63	Bier Market
25	Bulk Barn*	64	Biff's Bistro
26	Butter Chicken Roti	65	Bindia Indian Bistro
27	Chatime	66	Brash and Sassy Vodka Bar
28	Cluck Clucks Chicken & Waffles	67	Cantina Mercatto
29	Freshii	68	CC Lounge and Whisky Bar
30	Karma's Kitchen	69	C'est What
31	Khao Hakka	70	Cora Breakfast and Lunch
32	Market Street Catch	71	Dukes Refresher
33	McDonald's	72	Fresh Kitchen + Juice Bar Front
34	Metro*	73	Gabby's - King Street E
35	Nari Sushi	74	Goose Island Brewhouse Toronto
36	Neo Coffee Bar	75	HOTHOUSE
37	Pi Co.	76	imPerfect Fresh Eats
38	Pizza Hut	77	Le Papillon On Front
39	Pizza Pizza	78	Oliver & Bonacini Café Grill
		79	On the Rocks
		80	P.J. O'Brien Irish Pub & Restaurant
		81	Patrician Grill

82	Petit Dejeuner
83	Piano Piano Restaurant
84	Playa Cabana
85	Score on King
86	Scotland Yard Pub
87	Shoeless Joe's Sports Grill
88	SukhoTHAI (Wellington)
89	The Chefs' House
90	The Corner Place
91	The Jason George
92	The Keg Steakhouse + Bar
93	The Old Spaghetti Factory
94	The Reservoir Lounge
95	The Sultan's Tent and Cafe Maroc
96	The WORKS Craft Burgers & Beer
97	Uncle Tony's
98	Victoria's Cafe
99	Woods Restaurant & Bar

Health/Social Services

100	Centres D'accueil Heritage Les
101	City Dental Toronto
102	HealthCasa
103	Main Drug Mart
104	New Visions Toronto
105	Nutrition Balance
106	Older Women's Network
107	Ontario Association of Children's Aid Societies
108	Ontario Federation of Indigenous Friendships Centres
109	Right To Play International
110	Searchlight Recruitment, Inc.
111	St Lawrence Pharmacy
112	St. Lawrence Health Centre
113	Step Up Massage & Rehab - Yonge & Wellington
114	The Well Adjusted Chiropractic Centre
115	Toronto Community Housing OUJ Office
116	Toronto Public Service Learning Center
117	Wellington Healthcare
118	Yonge and Front Dental

Housing

119	Caroline Co-Operative
120	Cathedral Court Co-Operative
121	Harmony B Housing Co-Operative
122	Marketview Housing Co-Operative
123	Old York Tower
124	PACE Independent Living
125	Performing Arts Lodges Toronto
126	Univeris Corporation Woodsworth
127	Housing Co-operative Inc.

Parks

128	Berczy Park
129	Market Lane Park
130	David Crombie Park
131	Parliament Square Park
132	Princess Street Park
133	Toronto Sculpture Garden

Protecting Services

134	Toronto Fire Station 333
135	Toronto Police Services 51 Division

Religious Centres

136	Church in the City
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Stores

137	ASK Computers
138	BMO Bank of Montreal
139	Boffi
140	Canada Post
141	Canna Cabana
142	CIBC Branch
143	Civilian House Of Cannabis
144	Clutch Market
145	Clutch Vape
146	D & E Lake Ltd.
147	Dollarama
148	ergoCentric Showroom & Store
149	Flatiron's Christmas Market
150	Freedom Mobile
151	Garrison Bespoke
152	Gateway Newstands
153	Ginkgo Floral Design
154	Global Pet Foods Lower
155	H&R Block
156	Indochino

157	International News
158	Kochi Stores
159,160	LCBO
161	Livia Diamonds
162	Logan Kitchen and Bath
163	Market Place
164	National Bank
165	Nicholas Hoare
166	Noda Designs
167	Office & Shop Furniture
168	Oopsie Deals Toronto Showroom
169	Pet Cuisine And Accessories
170	Pet Valu
171,172	RBC Royal Bank
173	Red Rock Cannabis Store
174	Rexall
175	Richie's Neighbourhood Store
176	Risedesk (Office Furniture Store)
177	Scotiabank
178,179	Shoppers Drug Mart
180	St. Lawrence Pro Hardware
181	Stagioni
182	TD Canada Trust Branch and ATM
183	The Casablanca Tobacconist - Cigar Store
184	The Optic Zone Inc
185	Time Square Convenience
186	Totally Toronto Art
187	Trianon Design Ltd
188	Value Buds
189	Waddington's Auctioneers & Appraisers
190	Winners
191	Yahawa Fashion and Accessories

OTHER

Personal Care Services

192	Adam Barber Shop
193	B & M Salon
194	Crown Cleaners

195	Curl Bar Beauty Salon
196	Esplanade Cleaners
197	Hair Market Salon
198	Jshair
199	Lift Salon
200	Market Cleaners
201	My Hair Affair Salon Inc.
202	Nail Kandy
203	Nova Cleaners on Jarvis/Esplanade
204	Pink'C Nail Spa
205	Sol'exotica
206	St Lawrence Cleaners
207	St. Lawrence Super Coin Laundry
208	THE TEN SPOT
209	Topcuts
210	Valet Cleaners
211	Wellington Hair Salon

Entertainment

212	Meridian Hall
213	Albany Club
214	Banksy Street Art
215	Bar Cathedral
216	Beauchamp Art Gallery
217	Canadian Opera Company
218	Canadian Opera Company Theatre
219	Canadian Stage (Berkeley Street Theatre)
220	Crosby Gallery
221	Kings and Queens Lounge
222	Feheley Fine Arts
223	Imagine Cinemas Market Square
224	Joey & Toby Tanenbaum Opera Centre
225	Le Théâtre français de Toronto
226	Maquette A Berkeley Event Venue
227	Museum of Illusions
228	St Lawrence Hall
229	Young People's Theatre



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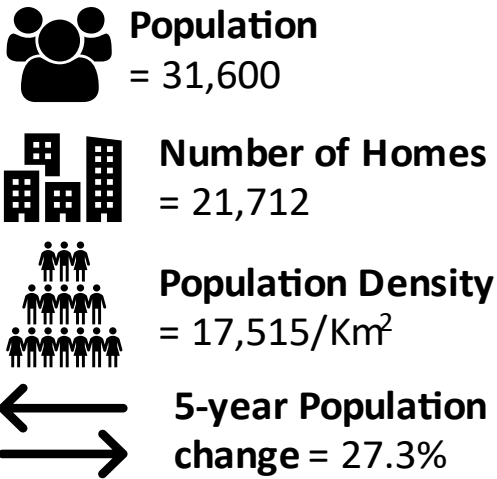
Ling, E., Kennedy, A. On behalf of the EMBOLDEN research team (2023). Environmental scan: St. Lawrence Market. URL: <https://emboldenstudy.mcmaster.ca/projects-results/>

St. Lawrence Market | CT 0015.00, 0016.00, 0013.01, 0017.00

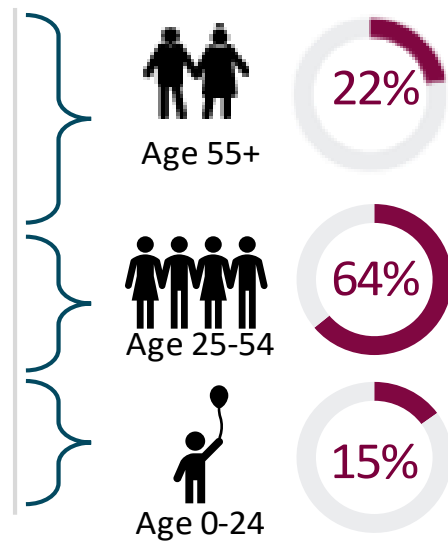
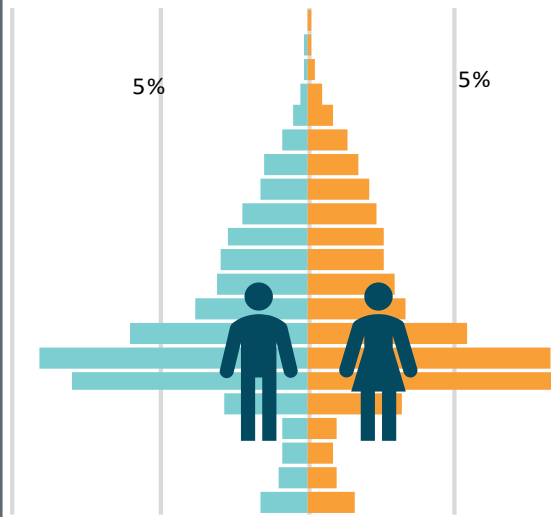
Based on 2021 Census Data



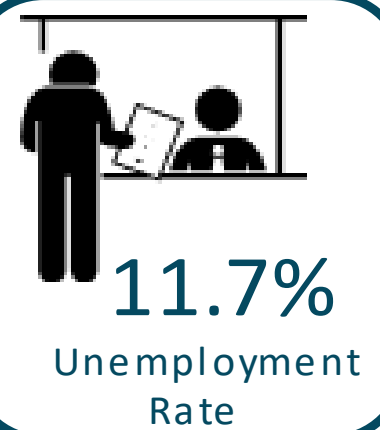
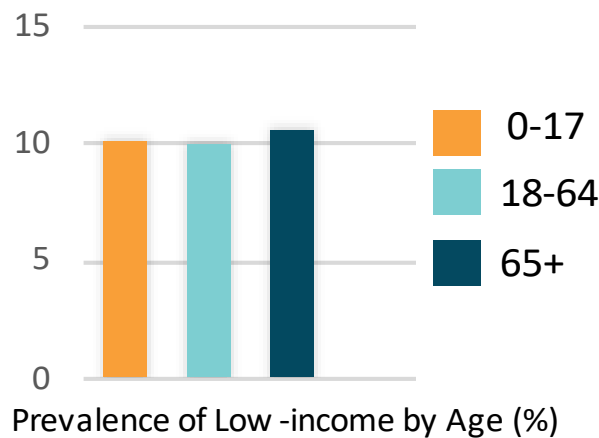
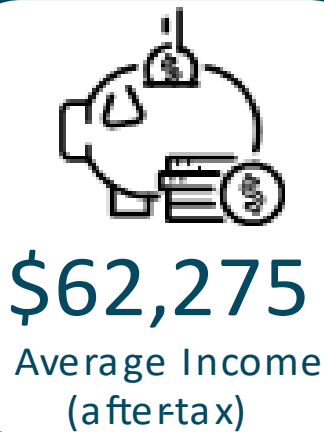
CT Highlights



Age Distribution by Gender

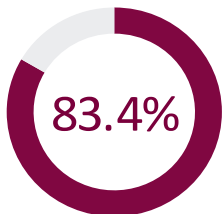


Income & Employment

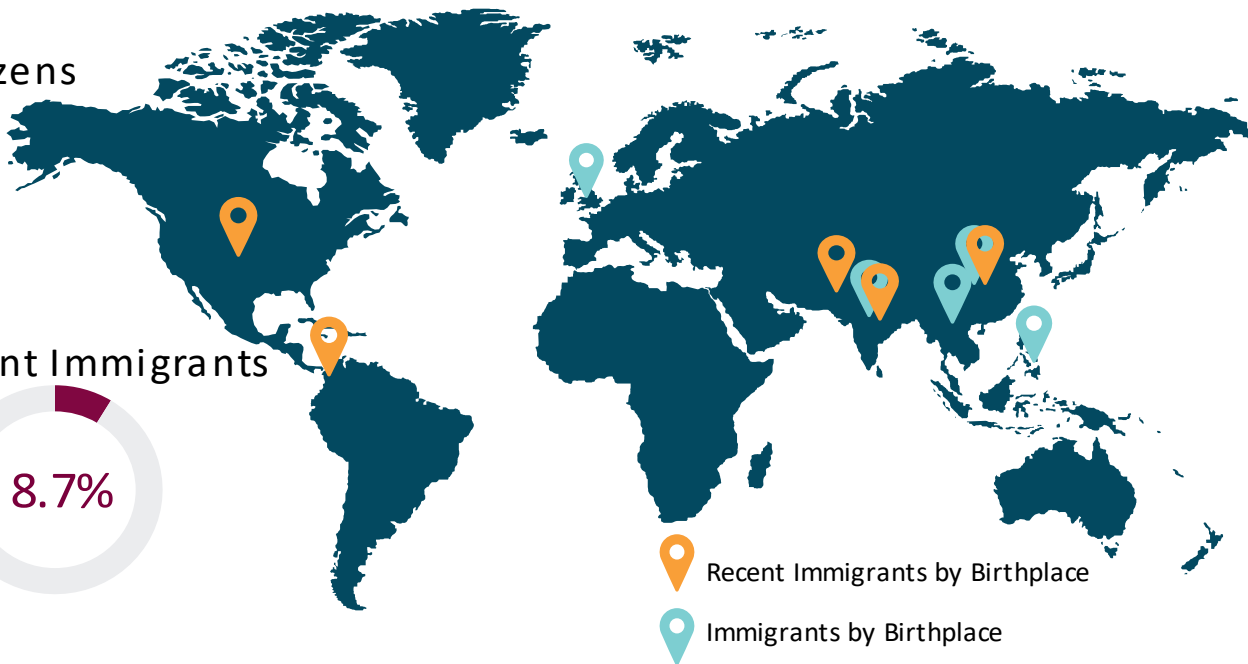
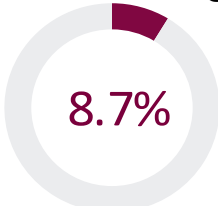
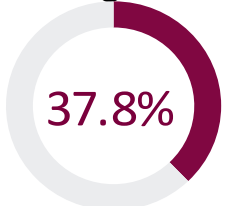


Citizenship & Immigrant Population

Canadian Citizens



Immigrants Recent Immigrants

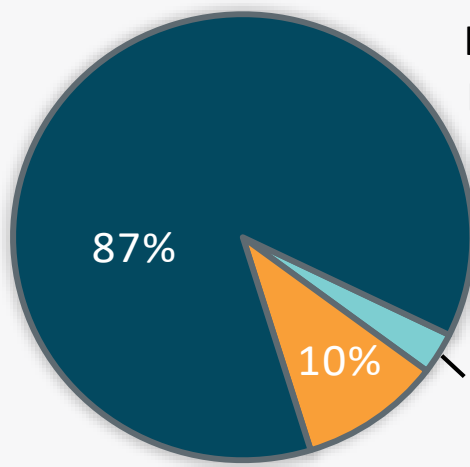


Language Spoken at Home

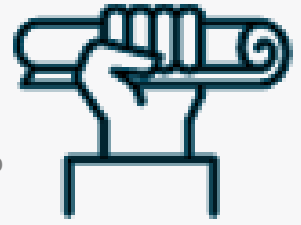


English | 66.7%

Non-official Languages | 11.9%



Highest Certificate, Diploma or Degree



- No certificate, diploma or degree
- Secondary (high) school diploma or equivalency
- Postsecondary certificate, diploma or degree

Neighbourhood Homes



\$2,209_(own)

\$1,794_(rent)

Average monthly shelter costs



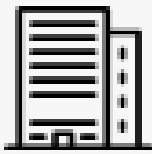
59%

Rent their home



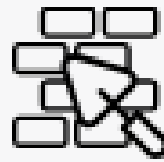
\$818,750

Average home value



90%

Apartment ≥ 5 stories



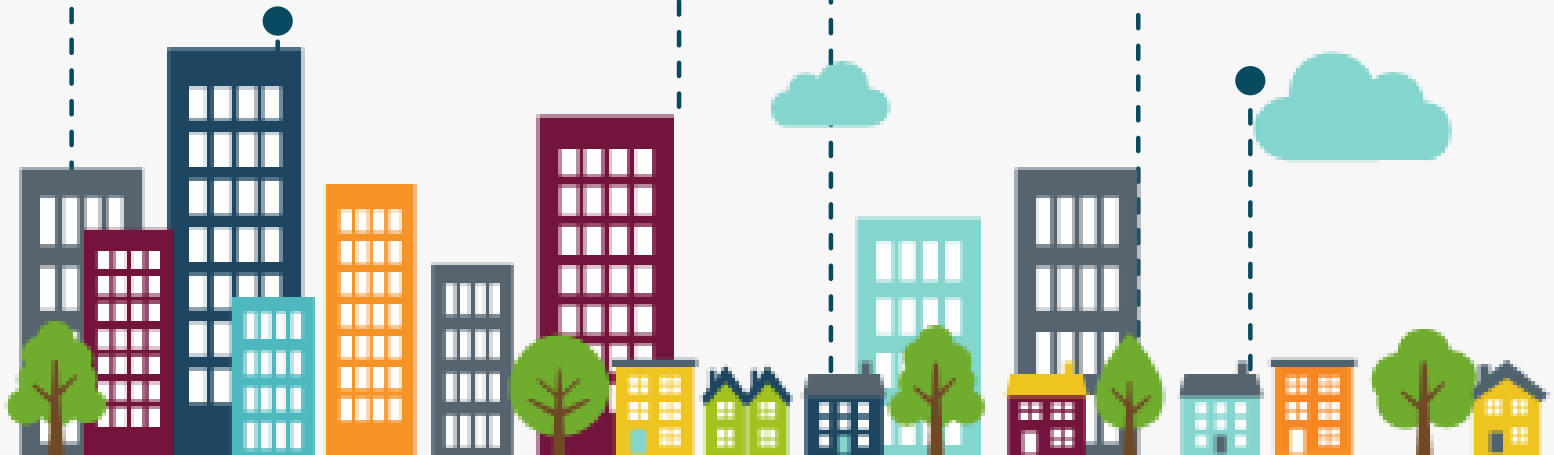
12%

Built before 1980



3%

Major repair needed



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Siu, C., Orr, E., Ganann, R. On behalf of the EMBOLDEN research team (2023). Infographic: Neighbourhood Profile - St. Lawrence Market. URL: <https://emboldenstudy.mcmaster.ca/projectresults/>

Data Source Statistics Canada. 2015350015.00, 5350016.00, 5350013.01 & 5350017.02 [Census tract]. www.statcan.gc.ca



Institute for Research on Aging

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Public Health Agency of Canada

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LANGUAGE CENTRE FOR MOBILITY IN AGING