

The following provides an overview of neighbourhood assets and potential barriers/gaps for older adults. The features were identified through a structured assessment in February 2024. As such, this summary should be viewed as an overview of key features observed rather than an exhaustive list.

Hamilton Central is an urban area close to the heart of downtown Hamilton. It is conveniently located close to key landmarks and transportation routes. Many of Hamilton's municipal buildings, including the Central branch of the Hamilton Public Library are located in the area. The community also features some of the city's best restaurants, many of them scattered along James Street North.

The area offers a vibrant mix of residential, commercial, recreational, and cultural opportunities. There are a wide array of amenities such as shopping centers, restaurants, parks, and entertainment venues. Its proximity to highway facilitates easy access to surrounding areas.

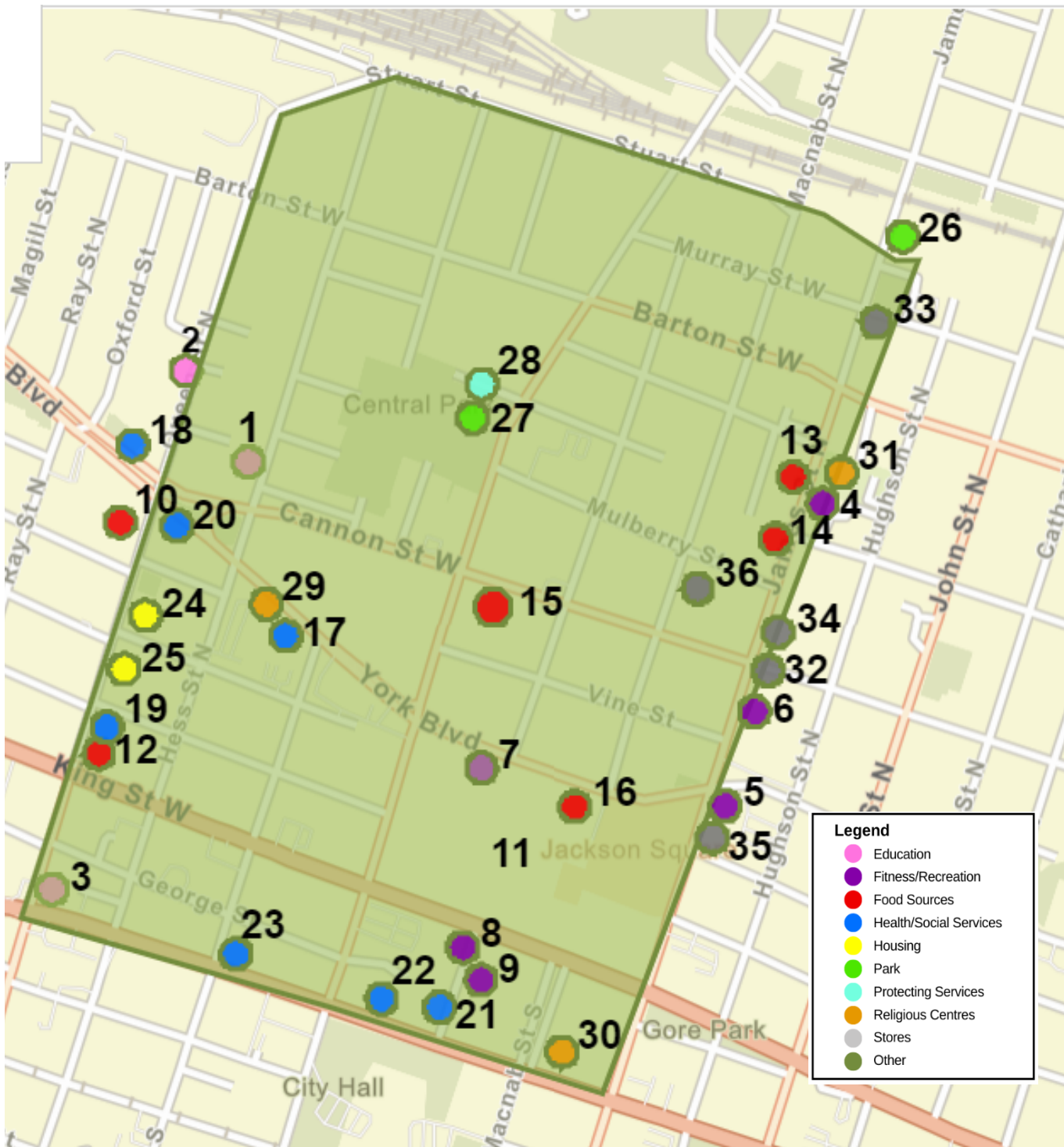
Housing here comes in different shapes and sizes, from big apartment buildings to townhouses. Most of it was built before the 1960s. Notably, the recent surge in condominium developments along Main Street West, Queen North, and King Street West signifies a contemporary shift in the area's housing market dynamics.

People in this neighbourhood usually get around by driving or taking public transit, and many just stay within the city for work.

Hamilton Central is awesome for its convenience, walkability, and transit options. There's always something going on, from arts and culture to entertainment. Plus, it's easy to run errands on foot, and there are lots of businesses nearby. If you want to take a break from the hustle and bustle, you can walk up to Bayfront Park along the harbourfront. It's a big park with a beautiful view of Lake Ontario.

However, with all its positive attributes, Hamilton Central is not without its challenges. Sometimes it gets noisy, especially around the busy parts and the train tracks. Additionally, the closure of a prominent secondary school on York Boulevard leaves a void, and issues like garbage accumulation need addressing.

Map 1. Map of services identified in Hamilton Central



Hamilton Central | CT 0064.00 & 0048.00 & 0037.00 |

Index of services in Hamilton Central

Index Number	Description
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Education

- | | |
|---|--|
| 1 | Hess St Elementary School |
| 2 | Circle of Friends for New Comers ESL |
| 3 | Red Tree Performance Academy |

Fitness/Recreation

- | | |
|---|--|
| 4 | Regina Social Club |
| 5 | BATL Axe Throwing |
| 6 | James North Yoga |
| 7 | First Ontario Centre |
| 8 | Art Gallery Hamilton |
| 9 | First Ontario Concert Hall |

Food Sources

- | | |
|----|--|
| 10 | B & T Food |
| 11 | Nations Fresh Foods |
| 12 | La Luna |
| 13 | Lola Latin Grocery |
| 14 | Lighthouse Fish Market |
| 15 | Fit Organix Inc |
| 16 | Hamilton Farmers' Market |

Health/Social Services

- | | |
|----|--|
| 17 | Community Living Hamilton |
| 18 | Hamilton Public Library |
| 19 | Hamilton Latvian Society |
| 20 | Dr Kwong Dental Office |
| 21 | Hamilton Municipal Parking System Office |
| 22 | McMaster Health Pharmacy |
| 23 | Main St Health |

Housing

- | | |
|----|---|
| 24 | Queens Garden Long Term Residence |
| 25 | Queen Elizabeth Tower |

Parks

- | | |
|----|------------------------------------|
| 26 | Immigration Square |
| 27 | Central Park |

Protective Services

- | | |
|----|--|
| 28 | Hamilton Fire Station 13 |
|----|--|

Religious Centres

- | | |
|----|---|
| 29 | Hamilton Downtown Mosque |
| 30 | New Vision United Church |
| 31 | Christ's Church Cathedral |

Retail

- | | |
|----|---|
| 32 | The TEN Spot |
| 33 | Marchese Medical Supplies |
| 34 | Needlework |
| 35 | Red Sea Clothing |
| 36 | The Muses |



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Binkley C. & Ling E. On behalf of the EMBOLDEN research team (2024). Environmental scan: Riverdale East. URL: <https://emboldenstudy.mcmaster.ca/projects-results/>



Institute for Research on Aging



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Public Health Agency of Canada

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LABARGE CENTRE FOR MOBILITY IN AGING

Hamilton Central | CT 0064.00 & 0048.00 & 0037.00 |

Central Hamilton | CT 0064.00, 0048.00 & 0037.00

Based on 2021 Census Data



CT Highlights



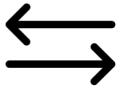
Population
= 6,881



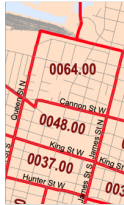
Number of Homes
= 4,528



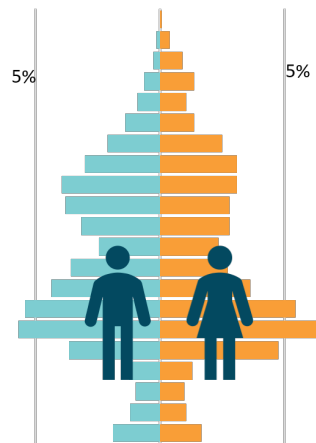
Population Density
= 18,368.3/Km²



5-year Population change
= 9.8%



Age Distribution by Gender



Age 55+

33%



Age 25-54

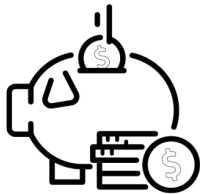
48%



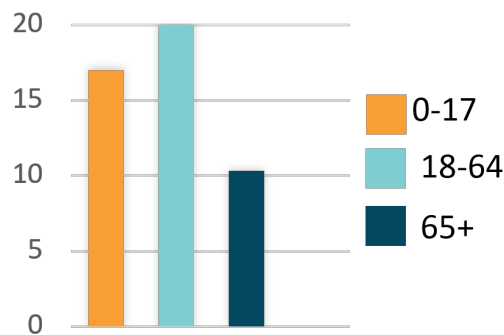
Age 0-24

18%

Income & Employment



\$46,867
Average Income
(after-tax)



Prevalence of Low-income by Age (%)



15.1%
Unemployment
Rate



Citizenship & Immigrant Population

Canadian Citizens

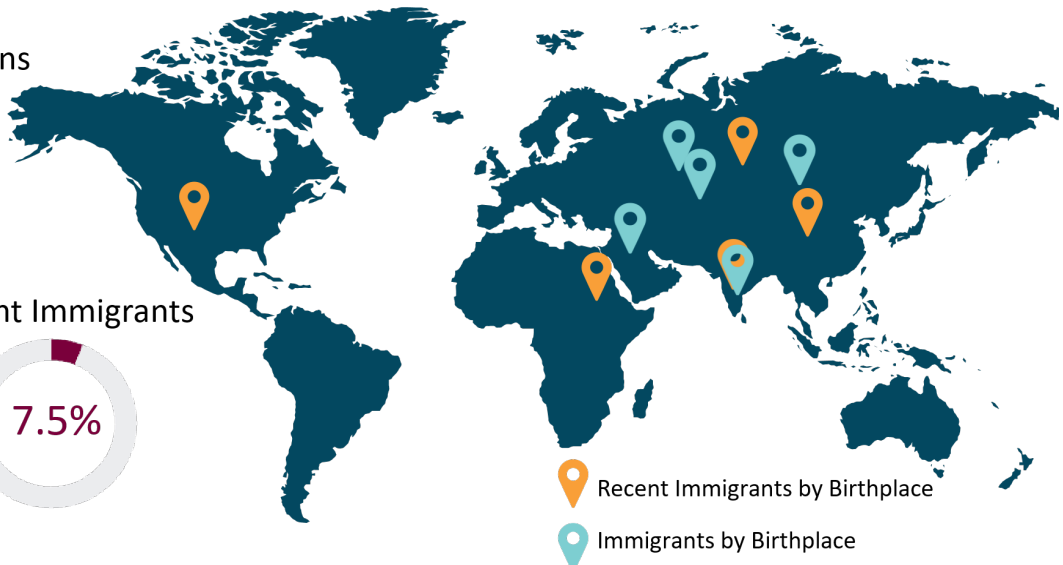
77.4%

Immigrants

30.6%

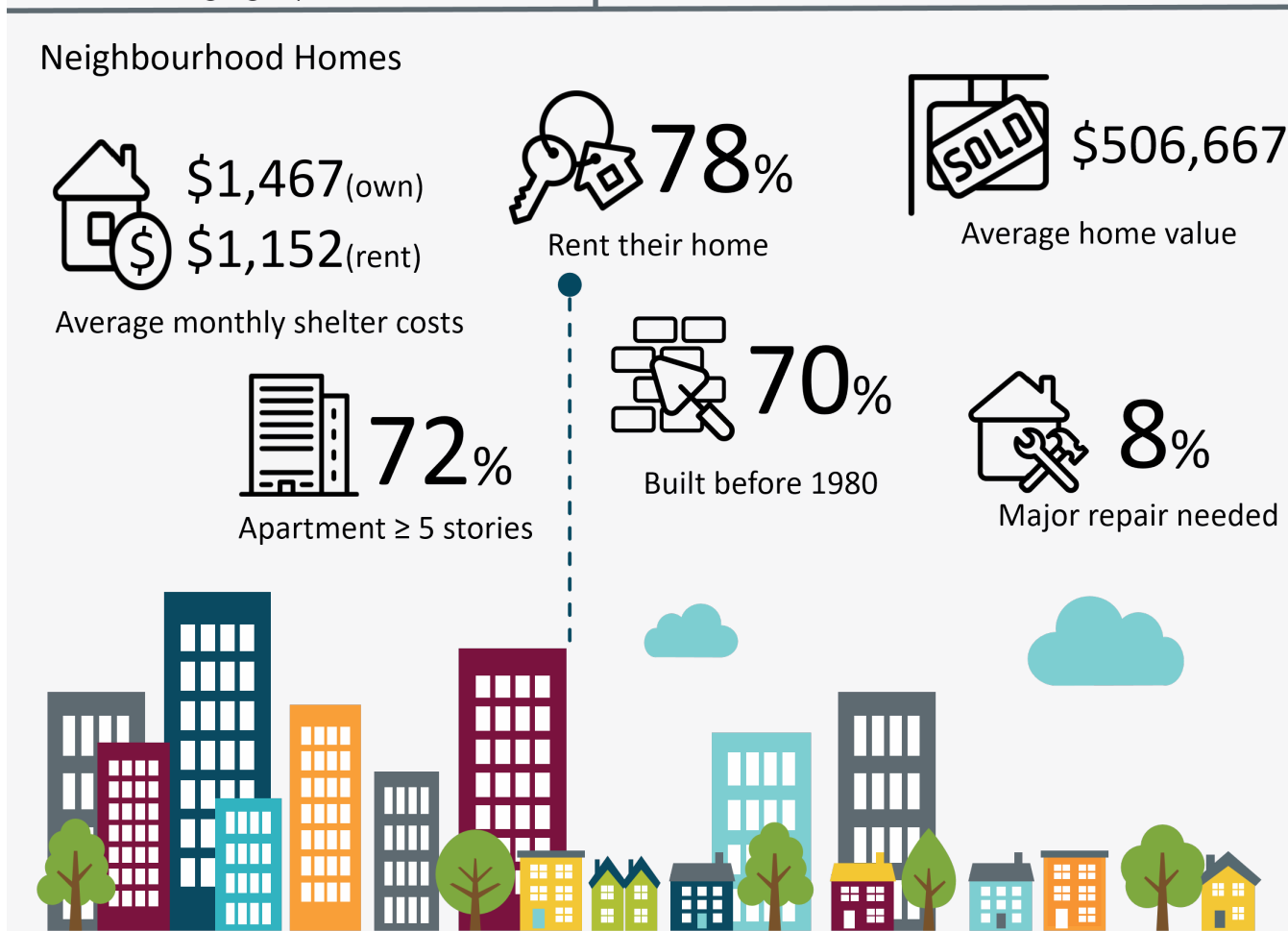
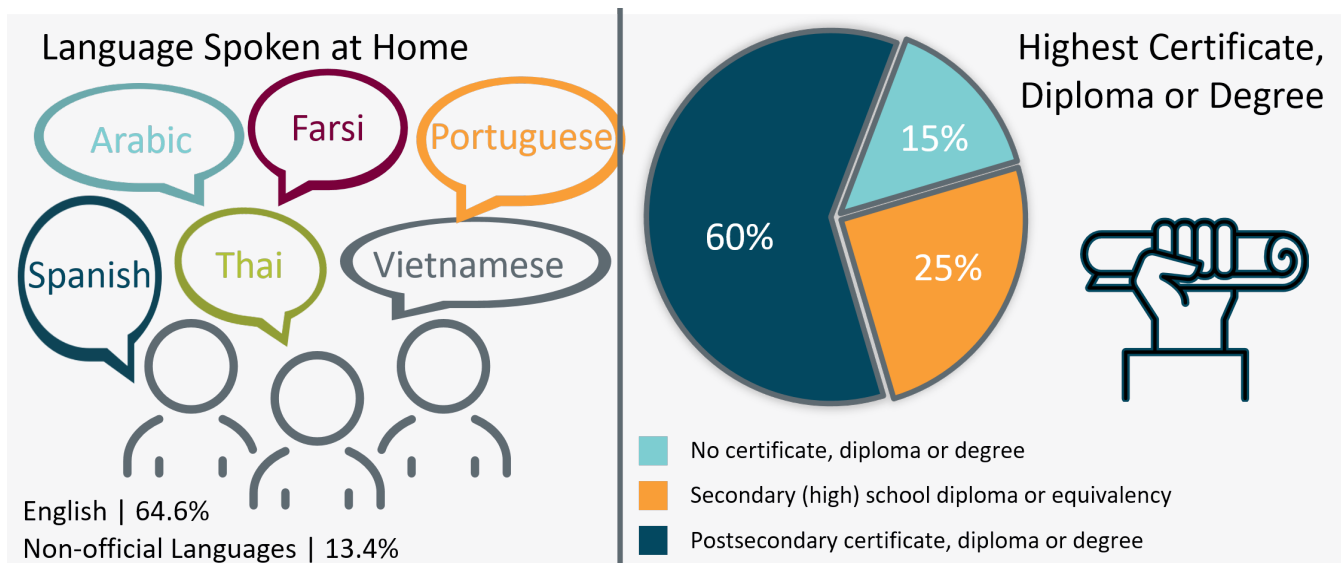
Recent Immigrants

7.5%



Recent Immigrants by Birthplace

Immigrants by Birthplace



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Data Source: Statistics Canada. 2021. 5370064.00, 5370048.00 & 5370037.00 [Census tract]. www.statcan.gc.ca



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